

Clearlake
Apartments

**COMMUNITY SERVICES
RESOURCE GUIDE**



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ALCOHOL / DRUG ABUSE

HOTLINES

Alcohol

Alcoholics Anonymous	800-923-8722
AL-ANON (Families of Alcoholics).....	888-425-2666
NCADD Treatment Hotline	800-564-6600

Drugs

Drug Abuse Hotline	800-237-6237
I-ADARP (Adults and Teen)	800-559-9503
Narcotics Anonymous Hotline	800-863-2962
Nar-Anon Drug Prevention	888-297-9560
NCADD Treatment Hotline	800-564-6600

ALCOHOLICS & OTHER DRUG SERVICES (AODS) 707-994-6494
7000-B South Center Drive, Clearlake, CA 95422

ALCOHOLICS & OTHER DRUG SERVICES (AODS) 707-263-8162
991 Parallel Drive, Lakeport, CA 95453

As a division of Lake County Department of Mental health Services, AODS provides alcohol and drug abuse prevention, diversion and treatment services, individual and group counseling and substance abuse education, and referral services to detox or residential treatment centers.

DRUG ABUSE ALTERNATIVES CENTER.....707-995-3235
14709 Lakeshore Drive, Clearlake, CA 95422

Provides coordinated substance abuse treatment and supportive services to pregnant/parenting women. Clean and sober living is available through the TLC House.

CHILD ABUSE

HOTLINES

Child Abuse Hotline.....800-442-4918
Child Help USA (24 Hours).....800-422-4453
Rape, Abuse, Incest National Network.....800-656-HOPE (4673)

CHILD WELFARE SERVICES.....800-386-4090
926 South Forbes Street, Lakeport, CA 95453

Emergency response Social workers investigate and report suspected child abuse necessary for court intervention.

LAKE FAMILY RESOURCE CENTER.....888-775-8336
14264 Austin Drive, Clearlake, CA 95422
<http://lakefrc.org/>

LAKE FAMILY RESOURCE CENTER.....888-775-8336
896 Lakeport Boulevard, Lakeport, CA 95453
<http://lakefrc.org/>

Focuses on family & community violence prevention, intervention & treatment as well as substance abuse treatment and youth development programs.

CHILD, YOUTH AND FAMILY SERVICES

HOTLINES

California Youth Crisis Line (24 hours)	800-843-5200
Foster Youth Information Line	888-811-1121
National Child – At Risk Hotline.....	800-792-5200

CHILD CARE SERVICES

CALWORKS	707-995-4200
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15975 Anderson Ranch Parkway, PO Box 9000, Lower Lake, CA 95457

Contractors meet with families to educate and advise on choosing appropriate childcare providers. They also provide behavioral health and domestic violence services.

THE CALIFORNIA CHILD CARE RESOURCE & REFERRAL AGENCY	800-543-7793
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<http://www.rnetwork.org/welcome/for-parents.html>

Helps families locate child care services. Also provides information on financial assistance eligibility.

RURAL COMMUNITIES CHILD CARE	707-263-4693
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850 Lakeport Boulevard, Lakeport, CA 95453

Provides local child care referrals to families.

YOUTH ORGANIZATIONS

4-H YOUTH DEVELOPMENT	707-263-6838
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883 Lakeport Boulevard, Lakeport, CA 95453
http://celake.ucdavis.edu/4-H_Program

Promotes hands-on learning and welcomes youth and adult volunteers from all backgrounds in all locales (rural and urban). 4-H focuses on many topics including art, veterinary science, cooking, camping, photography, and sports.

BIG BROTHERS AND BIG SISTERS	707-994-7281
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4750 Golf Ave, Clearlake, CA 95422

Helps children in need reach their potential through professionally supported, one-to-one mentoring relationships.

BOYS AND GIRLS CLUB707-995-2582
14773 Lakeshore Dr, Clearlake, CA 95422

Provides programs and services that guide the development of boys and girls and teach them the skills they need to succeed in life.

BOY SCOUTS OF AMERICA 707-994-9523
6340 Ridgeview, Clearlake, CA 95422

Meetings and activities include outdoor skill development, leadership training, hikes, camp outs, field trips, and exploration of hobbies and careers.

GIRL SCOUTS OF KONOCTI.....888-726-8850
P.O. Box 1343, Clearlake, CA 95422

Girls aged 5-17 years of age work in partnership with committed adults to develop qualities that will serve them all their lives – like strong values, social conscience, conviction about their own potential and self worth, and development as leaders.

HEADSTART707-994-0854
6958 Meadowbrook Drive, Clearlake, CA 95422

Provides comprehensive center-based services to preschool aged children and their families. Services include activities that help children grow mentally, socially, emotionally, and physically to empower children to reach their highest potential.

KONOCTI INFANT DEVELOPMENT707-994-1760
9345 Winchester, Lower Lake, CA 95457

The KID Center provides a responsive environment and appropriate learning activities for children 6 weeks to 3 years old to maximize their potential for growth in all areas of development.

WOMEN INFANT & CHILDREN.....877-942-2220
122 D Street, Lakeport, CA 95453

A nutrition program which provides supplemental food vouchers for low income pregnant, lactating and postpartum women, infants and children to age 5 years. Also, a resource for nutrition education and counseling.

SOCIAL SERVICES

CHILD WELFARE SERVICES 800-386-4090
926 South Forbes Street, Lakeport, CA 95453

Emergency response Social workers investigate and report suspected child abuse necessary for court intervention.

MENDOCINO HEALTH CLINIC 707-472-4690
5335 Lakeshore Boulevard, Lakeport, CA 95453 707-263-0180

Mendocino Health Clinic contracts with local licensed Clinical Social Workers and Psychologists who work with a wide variety of concerns.

SOCIAL SERVICES..... 707-995-4200
15975 Anderson Ranch Parkway, Lower Lake, CA 95457
http://dss.co.lake.ca.us/Dpt_report_2006.htm

Social Services promotes social and economics self reliance and protects those who are at risk.

CRIME REPORTING

HOTLINES

Anonymous Crime Reporting 800-78-CRIME (800-782-7463)
Anonymous Crime Tip Hotline (Clearlake)..... 707-263-3663
Anonymous Tip Line..... 877-LAWFULL (877-529-3855)
Crime Victims Hotline 866-689-HELP (4357)
Victims of Crime Resource Center 800-842-8467

CALIFORNIA VICTIM COMPENSATION AND GOVERNMENT CLAIMS BOARD 800-777-9229
400 R Street, Suite 500, Sacramento, CA 95814
<http://www.victimcompensation.ca.gov>

Assists victims with losses related to crime injuries. Costs are paid entirely by fines and penalties from offenders, not by California's tax dollars.

LAKE COUNTY DISTRICT ATTORNEY'S OFFICE..... 707-263-2251
255 North Forbes Street, Lakeport, CA 95453

Victims are assisted by victim advocates who guide victims through the court process, help victims receive restitution, provide crisis intervention, and provide referrals to counseling and community services.

VICTIMS OF CRIME RESOURCE CENTER 916-739-7061
3200 Fifth Avenue, Sacramento, CA 95817-2799 800-842-8467
<http://www.1800victims.org>

Information and referrals provided statewide to victims and their families.

VICTIM-WITNESS DIVISION..... 707-262-4282
Victim-Witness Division, 420 2nd Street, Lakeport, CA 95453

The Victim-Witness Division, as part of the Office of the District Attorney, provides immediate crisis response for victims of crime. The staff functions as the liaison for victims and witnesses with all components of the criminal justice system.

LAW ENFORCEMENT

CLEARLAKE POLICE DEPARTMENT707-994-8251
 14050 Olympic Drive, Clearlake, CA 95422

LAKE COUNTY SHERIFF DEPARTMENT

Main Office
 1220 Martin Street
 Lakeport, CA 95453

Lower Lake Substation
 7000 Civic Center Drive
 Clearlake, CA 95422

Lake County Jail
 4913 Helbush Drive
 Lakeport, CA 95453

Emergency Reports (If 9-1-1 is Inoperative)	707-263-8656
Anonymous Crime tip hotline	707-263-3663
Non-Emergency Crime or Incident Reports	707-263-2690
Administration	707-262-4200
Office of Emergency Services	707-262-4090
Civil Bureau	707-262-4080
Coroner's Bureau	707-262-4215
Personnel & Training	707-262-4212
Accounting	707-262-4213
Patrol	707-262-4200
Middletown Substation	707-987-3178
Southshore Substation	707-994-6433
Investigations	707-262-4200
Property & Evidence	707-262-4266
Lake County Jail, Hill Road Correctional Facility	707-262-4240
Jail Information Only	800-675-5330
Warrants	707-262-4246
Alternative Work Program	707-262-0626

DISABLED PERSONS SERVICES

HOTLINES

Crisis Line for the Handicapped 800-426-4263

INFOLINES / WEBSITES

DISABILITY BENEFITS 101 (web-site only info)
<http://www.db101.org>

Helps workers, job seekers, and service providers understand the connections between work and benefits. The website explains the variety of work incentive programs and the rules for health coverage, benefit, and employment programs that people with disabilities use.

DISABILITYINFO.GOV (web-site only info)
<http://www.disabilityinfo.gov>

Online resource that provides information on education, employment, housing, transportation, health, benefits, technology, and civil rights.

DEVELOPMENTALLY DISABLED PROGRAMS

AREA I DEVELOPMENT DISABILITIES BOARD 707-463-4700
505 South State Street, P.O. Box 245, Ukiah, AC 95418

Advocates for legal, civil, and service rights for individuals with developmental disabilities.

CALWORKS 707-995-4200
15975 Anderson Ranch Parkway, PO Box 9000, Lower Lake, CA 95457

Staff works closely with Social Services to meet with each referred participant and administer specific tests including: an aptitude test, achievement test, and a vocational interest test. The tests are used to determine if the participant has a learning disability. The staff completes a written evaluation and recommended accommodations.

CLEARLAKE DEVELOPMENTAL SERVICES 707-928-4905
P.O. Box 1096, Cobb, CA 95426

Provides direct services to families with physical and mental disabilities. They also have a parent support group and offer parent training.

SUPPORT SERVICES

EASTER SEALS.....877-263-3994
501 B North Main Street, Lakeport, CA 95453
<http://noca.easterseals.com>

Provides services to children and adults with disabilities and other special needs and support to their families. Children’s programs include early intervention, child care counseling, educational services, and community integration.

WORK-RELATED RESOURCES

CALIFORNIA DEPARTMENT OF REHABILITATION (DOR).....707-263-3797
55 1st Street, Suite 215, Box B, Lakeport, CA 95453
<http://www.dor.ca.gov/>

DOR provides Vocational Rehabilitation Services to Californians with disabilities who want to work. Services include employment counseling training and education, mobility and transportation aids, job search and placement assistance.

CALIFORNIA HUMAN DEVELOPMENT (CHD)707-262-0440
55 1st Street, Box M, Lakeport, CA 95453
www.CHDCorp.org

Creates paths and opportunities for those seeking greater self-sufficiency, independence, and dignity through education, training, criminal justice alternatives, housing and other services.

EMPLOYMENT DEVELOPMENT DEPARTMENT (EDD).....707-262-3105
55 1st Street, First Floor, Lakeport, CA 95453
<http://www.edd.ca.gov>

Free job placement and referrals, unemployment insurance, state disability insurance, employment, and training; special program for veterans.

LAKE COUNTY LITERACY COALITION707-263-7633
55 First Street, Box M, Lakeport, CA 95453
<http://www.chdcorp.org/>

LCLC is a non-profit volunteer organization that sponsors and supports the Adult Literacy Program of Lake County Library. They offer special training sessions on specific topics, such as ESL, learning disabilities and teaching grammar.

LAKE COUNTY ONE STOP707-263-0630
55 First Street, Box F, Lakeport, CA 95453
<http://www.lake1stop.org/>

Lake County One-Stop is a partnership of public and private service providers working in cooperation to support business and workforce development.

DOMESTIC VIOLENCE

HOTLINES

Domestic Violence Hotline..... 800-978-3600
National Domestic Violence Hotline..... 800-799-SAFE (7299)
Safe Horizons Domestic Violence Hotline800-621-HOPE (4673)
Stop It Now 888-PREVENT (773-8368)
<http://www.stopitnow.org>

SHELTERS

Alternatives to Domestic Violence 800-339-SAFE (7299)
Domestic Violence Shelter Services.....888-485-7733

COUNSELING SERVICES

FAMILY MAINTENANCE *Hotline:* 800-386-4090
926 South Forbes Street, Lakeport, CA 95453 707-262-0235

Provides time-limited protective services to families in crisis to prevent or remedy abuse or neglect, allowing Social Workers to work with the family while keeping the child in the home. Services can include counseling, respite care, substance abuse treatment, domestic violence intervention, victim services, and parenting education.

LAKE FAMILY RESOURCE CENTER *Hotline:* 888-485-7333
15145 Lakeshore Drive, Lakeport, CA 95453 707-994-7068
<http://www.lakefrc.org/>

Sutter Lakeside Community Services is committed to intervention, support, education, and prevention of domestic violence.

RAPE & DOMESTIC VIOLENCE CRISIS CENTER *Hotline:* 888-485-7333
896 Lakeport Boulevard, Lakeport, CA 95453 707-262-1611
<http://www.lakefrc.org/>

The Domestic Violence Programs provide services to victims and families. Advocacy, peer counseling and restraining orders are available.

ENGLISH AS A SECOND LANGUAGE (ESL)

HUMAN DEVELOPMENT CORP 707-262-0440

55 First Street, Box M, Lakeport, CA 95453

<http://www.chdcorp.org/>

Human Development Corp creates paths and opportunities for farm and migrant workers including ESL classes, job training/search, and other immigration services.

LAKE COUNTY LITERACY COALITION 707-263-7633

55 First Street, Box M, Lakeport, CA 95453

<http://www.chdcorp.org/>

LCLC is a non-profit volunteer organization that sponsors and supports the Adult Literacy Program of Lake County Library. They offer special training sessions on specific topics, such as ESL, learning disabilities and teaching grammar.

REDBUD LIBRARY (CLEARLAKE) 707-994-5115

14785 Burns Valley Road, Clearlake, CA 95422

<http://www.lake.ca.us/library/library.html>

Offers ESL classes, bilingual storytimes, cultural programs, computer classes, and other instructional resources.

FAMILY PLANNING

HOTLINES

California Office of Family Planning Information & Referral Service	800-942-1054
Pregnancy Hotline	800-848-5683
National Abortion Federation Hotline (www.prochoice.org)	800-772-9100
National Life Center (www.nationallifecenter.com)	800-848-5683
Teen Pregnancy Referral Hotline	800-522-5006

KONOCTI INFANT DEVELOPMENT 707-994-1760
9345 Winchester, Lower Lake, CA 95457

The KID Center provides a responsive environment and appropriate learning activities for children 6 weeks to 3 years old to maximize their potential for growth in all areas of development.

MATERNAL, CHILD, ADOLESCENT HEALTH PROGRAM..... 800-794-9291
922 Bevins Court, Lakeport, CA 95453

MCAH services include: Resource Information, Referral and Technical Support of Prenatal, parenting and Child Health issues to any resident or agency.

PARENTS ACQUIRING LIFE SKILLS (PALS) 707-994-1760
9345 Winchester, Lower Lake, CA 95457

A teen parent program which includes licensed day cares, nutritious meals, and child development and parenting skills programs for teen parents.

PLANNED PARENTHOOD..... 707-995-2261
14375 Olympic Drive, Clearlake, CA 95422
<http://www.planned.org>

Provides reproductive health care for women and men, including pregnancy testing and counseling, referrals for prenatal care, STD screening, HIV testing and counseling, and contraception.

WOMEN INFANT & CHILDREN.....877-942-2220
122 D Street, Lakeport, CA 95453

A nutrition program which provides supplemental food vouchers for low income pregnant, lactating and postpartum women. Also, a resource for nutrition education and counseling.

WOMEN'S PREVENTIVE HEALTH800-794-9291
922 Bevins Court, Lakeport, CA 95453707-263-1090
7000 B South Shore Civic Center Drive, Clearlake, CA 95422707-994-9433

Comprehensive prenatal services, prenatal and post-partum care, management of menstrual disorders, Pap smears and breast examinations, contraception.

FINANCIAL ASSISTANCE PROGRAMS

SOCIAL SERVICES.....707-995-4200

15975 Anderson Ranch Parkway, Lower Lake, CA 95457

http://dss.co.lake.ca.us/Dpt_report_2006.htm

Social Services promotes social and economic self reliance and protects those who are at risk. They also provide food stamps, financial, employment assistance, and help with CalWORKS

FOOD PROGRAMS & RESOURCES

SOCIAL SERVICES.....707-995-4200

15975 Anderson Ranch Parkway, Lower Lake, CA 95457

http://dss.co.lake.ca.us/Dpt_report_2006.htm

Social Services promotes social and economic self reliance and protects those who are at risk. They also provide food stamps, financial, employment assistance, and help with CalWORKS

WOMEN INFANT & CHILDREN.....877-942-2220

122 D Street, Lakeport, CA 95453

A nutrition program which provides supplemental food vouchers for low income pregnant, lactating and postpartum women. Also, a resource for nutrition education and counseling.

EMERGENCY FOOD RESOURCES

LAKE COUNTY COMMUNITY ACTION AGENCY707-995-0495

15312 Lakeshore Drive, Clearlake, CA 95422

LCCAA provides directly or coordinates an array of services addressing critical hunger and shelter needs, as well as enhancing the quality of life for persons of all ages including: food pantries in Clearlake and Lakeport, clothing closets, Transitional Homeless Shelter, supplemental food programs, and food stamp outreach.

FREE KITCHEN PROJECT..... *Hotline: 707-263-MEAL*

801 North main Street, Lakeport, CA 95453.....707-279-8512

Hot meals provided at the following locations (subject to change):

LAKEPORT:

1st Sunday from 4-5 p.m - United Christian Parish - 745 Brush Street

2nd Sunday from 4-5 p.m - St. John's Episcopal Church - 1190 No. Forbes Street

3rd Sunday from 4-5 p.m - United Christian Parish - 745 Brush St.

4th & 5th Sunday from 4-5 p.m - St. Mary's Catholic Church - 801 N. Main Street

MIDDLETOWN:

4th Sunday - United Methodist Church - 15833 Armstrong, 11:30 a.m.

On Easter, Thanksgiving and Christmas the meals are served from 3 - 5 p.m. Dinner sites are occasionally changed.

HEALTH CENTERS

HOTLINES

Center for Health Care Rights	800-824-0780
Child Health & Disability Prevention Program (CHDP)	800-993-2437
Healthy Families – Medi-Cal for Children	888-747-1222

CALIFORNIA MANAGED RISK MEDICAL INSURANCE BOARD..... 916-324-4695
<http://www.mrmib.ca.gov>

Lists detailed information on a number of different health care programs available to families and people who are uninsured, including Health Families Program, the Access for Infants and Mothers program, and the Major Risk Medical Insurance Program (for Californians unable to obtain individual health insurance coverage because of pre-existing conditions).

PUBLIC-PRIVATE PARTNERSHIP (PPP) & HEALTH CENTER REFERRALS 800-257-2342

Refers primary care services to uninsured patients.

INDIVIDUAL / FAMILY HEALTH CENTERS

ADVENTIST HEALTH (REDBUD) COMMUNITY HOSPITAL 707-994-6486
15630 18th Avenue, Clearlake, CA 95422
<http://www.redbudcommunityhospital.com>

Redbud Community Hospital is a 25-bed hospital coordinating acute heart care services including: diagnostics, medical, surgical, and rehabilitation.

EVERGREEN HEALTH CARE..... 707-263-6382
1291 Craig Avenue, Lakeport, CA 95453

Evergreen Health Care at Lakeport is a 99-bed skilled nursing facility providing short-term rehabilitation or long-term nursing care.

LAKE COUNTY MENTAL HEALTH..... *Hotline: 800-900-2075*
991 Parallel Drive, Lakeport, CA 95453..... 707-263-4338

Lake County Mental Health provides effective resources leading to recovery from addictions and/or mental illness.

LAKESIDE HEALTH CENTER.....707-263-7725
5335 Lakeshore Boulevard, Lakeport, CA 95453
<http://www.mhcinc.org/centers/lakeside-center.php>

Lakeside Health Center offers comprehensive health care services, including medical, dental and mental health counseling services, along with women’s health services, chronic disease management and HIV/AIDS treatment.

MENDOCINO HEALTH CLINIC707-472-4690
5335 Lakeshore Boulevard, Lakeport, CA 95453707-263-0180

Mendocino Health Clinic contracts with local licensed Clinical Social Workers and Psychologists who work with a wide variety of concerns.

HOUSING

CALIFORNIA DEPARTMENT OF FAIR EMPLOYMENT AND HOUSING 800-233-3212
611 West Sixth Street, Suite 1510, Los Angeles, CA 90017 213-439-6703
<http://www.dfeh.ca.gov>

Investigates complaints of harassment or discrimination in housing and employment.

HOUSING PROGRAMS 707-995-7120
16170 D Main Street, Lower Lake, CA 95457

The Housing Programs provides a variety of housing services with funding from the Federal Community Development Block Grant (CDBG), HOME Program, Housing & Urban development (HUD), and the Lake County Redevelopment Agency.

SECTION 8 HOUSING PROGRAM 707-995-7120
16170 D Main Street, Lower Lake, CA 95457

The Section 8 Housing Choice Voucher Program is a rental assistance program for very low-income households.

JOB INFORMATION / TRAINING

INFOLINES

Lake County Human Resources.....707-263-2212

ADULT SCHOOLS

KONOCTI ADULT SCHOOL707-994-7142

9430 Lake Street, P.O. Box 5000, Lower Lake, CA 95457

<http://www.konoctiusd.lake.k12.ca.us/schools/>

Adult schools offer job preparation and readiness, computer instruction, literacy and ESL programs. For information:

CALIFORNIA DEPARTMENT OF REHABILITATION (DOR).....707-263-3797

55 1st Street, Suite 215, Box B, Lakeport, CA 95453

<http://www.dor.ca.gov/>

DOR provides Vocational Rehabilitation Services to Californians with disabilities who want to work. Services include employment counseling training and education, mobility and transportation aids, job search and placement assistance.

CALIFORNIA HUMAN DEVELOPMENT (CHD)707-262-0440

55 1st Street, Box M, Lakeport, CA 95453

www.CHDCorp.org

Creates paths and opportunities for those seeking greater self-sufficiency, independence, and dignity through education, training, criminal justice alternatives, housing and other services.

EMPLOYMENT DEVELOPMENT DEPARTMENT (EDD).....707-262-3105

55 1st Street, First Floor, Lakeport, CA 95453

<http://www.edd.ca.gov>

Free job placement and referrals, unemployment insurance, state disability insurance, employment, and training; special program for veterans.

LAKE COUNTY ONE STOP707-263-0630

55 First Street, Box F, Lakeport, CA 95453

<http://www.lake1stop.org/>

Lake County One-Stop is a partnership of public and private service providers working in cooperation to support business and workforce development.

LEGAL SERVICES

LAKE COUNTY DISTRICT ATTORNEY'S OFFICE.....707-263-2251
255 North Forbes Street, Lakeport, CA 95453

Victims are assisted by victim advocates who guide victims through the court process, help victims receive restitution, provide crisis intervention, and provide referrals to counseling and community services.

LAWHELPCALIFORNIA.ORG.....(website only)
<http://www.lawhelpcalifornia.org>

Helping Californians find legal aid referrals & self-help resources.

LEGAL SERVICES OF NORTHERN CALIFORNIA877-529-7700
421 North Oak Street, Ukiah, CA 95482.....707-462-1471

Provides civil legal services, advocacy and education free of charge to low-income residents.

SENIOR LAW PROJECT.....800-260-4703
200 B North Main Street, Lakeport, CA 95453

Legal Services for Lake County Seniors offering help with: Social Security, SSI, Medi-Cal, Medicare, landlord/tenant problems, elder abuse and consumer protection.

VICTIM LAW.....(website only)
<http://www.victimlaw.info/victimlaw/>

Comprehensive and searchable database of crime victims' rights and protection laws.

LITERACY SERVICES

LAKE COUNTY LITERACY COALITION707-263-7633
55 First Street, Box M, Lakeport, CA 95453
<http://www.chdcorp.org/>

LCLC is a non-profit volunteer organization that sponsors and supports the Adult Literacy Program of Lake County Library. They offer special training sessions on specific topics, such as ESL, learning disabilities and teaching grammar.

LAKEPORT LIBRARY (MAIN)707-263-8817
1425 North High Street, Lakeport, CA 95453
<http://www.lake.ca.us/library/library.html>

Offers ESL classes, bilingual storytimes, cultural programs, computer classes, and other instructional resources.

REDBUD LIBRARY (CLEARLAKE)707-994-5115
14785 Burns Valley Road, Clearlake, CA 95422
<http://www.lake.ca.us/library/library.html>

MENTAL HEALTH

HOTLINES

24/7 Crisis Counseling (Department of Mental Health) 800-706-7500
Suicide Prevention Hotline (24 Hours)..... 800-273-TALK (8255)
<http://www.SuicidePreventionLifeline.org>

LAKE COUNTY MENTAL HEALTH..... *Hotline: 800-900-2075*
991 Parallel Drive, Lakeport, CA 95453..... 707-263-4338

Lake County Mental Health provides effective resources leading to recovery from addictions and/or mental illness.

LAKESIDE HEALTH CENTER..... 707-263-7725
5335 Lakeshore Boulevard, Lakeport, CA 95453
<http://www.mhcinc.org/centers/lakeside-center.php>

Lakeside Health Center offers comprehensive health care services, including medical, dental and mental health counseling services, along with women's health services, chronic disease management and HIV/AIDS treatment.

RAPE & DATING VIOLENCE

HOTLINES

Crisis Helpline 800-235-1191
Rape & Abuse & Incest National Network 800-656-HOPE (4673)
National Center for Victims of Crime 800-FYI-CALL

FAMILY MAINTENANCE *Hotline:* 800-386-4090
926 South Forbes Street, Lakeport, CA 95453 707-262-0235

Provides time-limited protective services to families in crisis to prevent or remedy abuse or neglect, allowing Social Workers to work with the family while keeping the child in the home. Services can include counseling, respite care, substance abuse treatment, domestic violence intervention, victim services, and parenting education.

LAKE FAMILY RESOURCE CENTER *Hotline:* 888-485-7333
15145 Lakeshore Drive, Lakeport, CA 95453 707-994-7068
<http://www.lakefrc.org/>

Sutter Lakeside Community Services is committed to intervention, support, education, and prevention of domestic violence.

RAPE & DOMESTIC VIOLENCE CRISIS CENTER *Hotline:* 888-485-7333
896 Lakeport Boulevard, Lakeport, CA 95453 707-262-1611
<http://www.lakefrc.org/>

The Domestic Violence Programs provide services to victims and families. Advocacy, peer counseling and restraining orders are available.

VICTIMS OF CRIME RESOURCE CENTER 916-739-7061
3200 Fifth Avenue, Sacramento, CA 95817-2799 800-842-8467
<http://www.1800victims.org>

Information and referrals provided statewide to victims and their families.

SENIOR SERVICES

HOTLINES

Adult Protective Services 24-Hour Hotline	888-221-2204
CARE (Curtailling Abuse Related to the Elderly)	800-476-7506
Department of Aging Information and Assistance	800-510-2020
Elder Abuse 24-Hour Hotline	800-992-1660

MEDICARE

CALMEDICARE.ORG (<i>free Medicare help</i>)	800-434-0222
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<http://www.calmedicare.org>

Provides free information about Medicare eligibility, coverage, benefits, claims and appeals for people who live in California.

SENIOR CENTERS

HIGHLANDS SENIOR CENTER	707-994-3051
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3245 Bowers Road, Clearlake, CA 95422

The Highlands Senior Center is a multipurpose center that operates many programs to serve seniors (60+) in the community.

SUPPORT SERVICES

ADULT PROTECTIVE SERVICES	888-221-2204
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14642 C Lakeshore Drive, Clearlake, CA 95422 707-995-4680

APS programs are designed to protect and assist dependent adults and adults 65+ who are victims of neglect, abuse, or exploitation regardless of income level with a 24-hour on-call response staff to respond to referrals.

COMMUNITY CARE SENIOR SERVICES	707-995-7010
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14642 C Lakeshore Drive, Clearlake, CA 95422

A non-profit case management agency which provides ongoing case management services to help elderly prevent unnecessary institutionalization and remain living independently in the community.

SENIOR LAW PROJECT	800-260-4703
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200 B North Main Street, Lakeport, CA 95453

Legal Services for Lake County Seniors offering help with: Social Security, SSI, Medi-Cal, Medicare, landlord/tenant problems, elder abuse and consumer protection.

SENIOR PEER COUNSELING (SOUTH LAKE)707-995-1417
P.O. Box 6668, Clearlake

A Senior Peer Counselor is trained provide counseling to other seniors or at risk adults to overcome problems enabling them to live independent lives.

SENIOR PEER COUNSELING (UPPER LAKE)707-275-2246
9470 Mendenhall, Upper Lake, CA 95485

SENIOR SUPPORT SERVICES707-279-4836
14310 Memory Lane, Clearlake, CA 95422

Adult Day Care/Respite provides an environment designed to promote the well being of the elderly.

SENIOR WORKFORCE SOLUTIONS.....800-288-1324
55 First Street, Lakeport, CA 95453707-263-0630

Eligible low-income seniors (55+) benefit from temporary paid training at a variety of community service assignments at public and non-profit agencies prior to transitioning into the workforce. Training is individually designed to enhance skills related to employment goals and obtaining a job outside the program.

SOCIAL SERVICES.....707-995-4200
15975 Anderson Ranch Parkway, Lower Lake, CA 95457
http://dss.co.lake.ca.us/Dpt_report_2006.htm

Social Services promotes social and economics self reliance and protects those who are at risk.

TRANSPORTATION

SUTTER LAKESIDE COMMUNITY SERVICES888-775-8336
15145 Lakeshore Drive, Clearlake, CA 95422.....707-994-7068
<http://www.slics.org/transportation/>

Sutter Lakeside Community Services (SLCS) collaborates with Lake County Transportation Coalition (LCTC) to provide transportation information, identify community transportation needs, educate on transportation availability, and support creative use of funds.