

South Bay Villa
Apartments



**COMMUNITY SERVICES
RESOURCE GUIDE**



TABLE OF CONTENTS

ALCOHOL/DRUG ABUSE	3
CHILD ABUSE	4
CHILD, YOUTH AND FAMILY SERVICES	5
CRIME REPORTING	8
DISABLED PERSONS SERVICES.....	9
DOMESTIC VIOLENCE	11
ENGLISH AS A SECOND LANGUAGE (ESL).....	12
FAMILY PLANNING.....	13
FINANCIAL ASSISTANCE PROGRAMS.....	14
FOOD PROGRAMS & RESOURCES.....	15
HEALTH CENTERS.....	16
HOUSING	17
JOB INFORMATION/TRAINING	18
LEGAL SERVICES	20
LITERACY SERVICES	21
MENTAL HEALTH SERVICES	22
RAPE & DATING VIOLENCE	23
SENIOR SERVICES	24
TRANSPORTATION.....	26

ALCOHOL / DRUG ABUSE

HOTLINES

Alcohol

Be Sober	800-237-6237
Alcoholics Anonymous	818-988-3001
AL-ANON (Families of Alcoholics)	818-760-7122
Adult Children of Alcoholics	310-281-9740
NCADD Treatment Hotline.....	800-564-6600

Drugs

Drug Abuse Hotline	800-237-6237
I-ADARP (Adults and Teen)	818-994-7454
Narcotics Anonymous Hotline	800-863-2962
Nar-Anon Drug Prevention.....	888-297-9560
NCADD Treatment Hotline.....	800-564-6600

DARE U TO CARE323-756-3208
316 West 120th Street, Los Angeles, CA 90061

Provides substance abuse counseling, residential treatment/recovery, relapse prevention, aftercare, self-help groups.

HIS SHELTERING ARMS.....323-755-6646
11101 South Main Street, Los Angeles, CA 90061

Provides outpatient/non-residential services, intensive outpatient/day program, residential treatment recovery, relapse prevention, aftercare, and individual counseling.

MJB TRANSITIONAL RECOVERY.....323-777-2491
11152 South Main Street, Los Angeles, CA 90061

Provides outpatient/non-residential services, intensive outpatient/day program, relapse prevention, aftercare, individual, group, and family counseling.

SHIELDS FOR FAMILIES, INC.323-242-5000
12714 South Avalon Blvd., Suite 100, Los Angeles, CA 90061
<http://www.shieldsforfamilies.org/>

Substance abuse treatment programs includes outpatient, day treatment and residential services.

CHILD ABUSE

HOTLINES

Child Abuse Hotline.....	800-540-4000
Child Help USA (24 Hours)	800-422-4453
LA County Child Abuse Hotline.....	800-540-4000
Rape, Abuse, Incest National Network	800-656-HOPE (4673)

CHILDREN’S BUREAU OF SOUTHERN CALIFORNIA.....323-953-7356
3910 Oakwood Avenue, Los Angeles, CA 90004
<http://www.all4kids.org>

Offers an array of child abuse prevention and treatment services aimed at strengthening families and communities throughout Southern California.

DEPARTMENT OF CHILDREN AND FAMILY SERVICES (DCFS)213-351-5602
Child Protective Services
425 Shatto Place, Suite 600, Los Angeles, CA 90020
<http://dcfs.co.la.ca.us/>

Compton Office310-668-6600
921 E. Compton Blvd., Compton, CA 90221

Provides help to abused, neglected, and abandoned children.

CHILD, YOUTH AND FAMILY SERVICES

HOTLINES

California Youth Crisis Line (24 hours)	800-843-5200
Foster Youth Information Line	888-811-1121
National Child – At Risk Hotline	800-792-5200

CHILD CARE SERVICES

CALIFORNIA CHILD CARE RESOURCE & REFERRAL AGENCY	800-543-7793
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<http://www.rnnetwork.org/welcome/index.html>

Helps families locate child care services. Also provides information on financial assistance eligibility.

CENTER FOR COMMUNITY AND FAMILY SERVICES	800-573-9576
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649 Albertoni, Suite 201, Carson, CA 90745310-605-1770
<http://www.ccafs.org>

Provides resource and referral for parents needing child care. CCFS also helps parents develop strategies to return to school, find employment or locate housing, while entrusting their children to one of our pre-schools and home-based child care sites.

CHILDREN’S HOME SOCIETY OF SOUTHERN CALIFORNIA	213-240-5900
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130 West Fourth Street, Los Angeles, CA 90017
<http://www.chs-ca.org>

Offers child care and development resources, child care referrals, child care assistance, family resource services.

CRYSTAL STAIRS, INC.	323-249-1361
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Nickerson Gardens SAGE Center
1450 East 114th Street, Los Angeles, CA 90059
<http://www.crystalstairs.org>

Families receive free referrals to licensed centers and family child care homes that meet their needs in terms of location, service hours, cost, and special care needs.

ORGANIZATIONS

BIG BROTHERS AND BIG SISTERS OF GREATER LOS ANGELES	213-481-3611
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800 S. Figueroa Street, Suite 620, Los Angeles, CA 90017
<http://www.bbbslaie.org/>

Helping children in need reach their potential through professionally supported, one-to-one mentoring relationships.

CHALLENGERS BOYS & GIRLS CLUB323-971-6161
5029 S. Vermont Avenue, Los Angeles, CA 90037
<http://www.cbqcla.org>

Optimum social growth of inner city youth ages 6 to 17 through leadership, citizenship and educational development; cultural enrichment; health and physical education; environmental education; social and recreational activities; and parent involvement.

GIRLS INCORPORATED OF GREATER LOS ANGELES213-251-7626
3600 Wilshire Blvd., Suite 1500, Los Angeles, CA 90010
http://www.voala.org/girls_inc/about_girls.html

Girls Incorporated® of Greater Los Angeles is a program of Volunteers of America of Greater Los Angeles, provides girls with tools to make the best choices in life, assert their rights, and become empowered around academic, economic, and social issues.

SOCIAL SERVICES

CHILDREN’S BUREAU OF SOUTHERN CALIFORNIA.....323-953-7356
3910 Oakwood Avenue, Los Angeles, CA 90004
<http://www.all4kids.org/>

Non-profit multi-service child welfare agency, providing foster care, child abuse crisis intervention and treatment, in-home and office-based counseling, parent education, foster parent certification.

CHILDREN’S COLLECTIVE, INC.213-747-4046
Family Development Network
3655 S. Grand Avenue, Los Angeles, CA 90007
<http://www.childrenscollective.org/fdn.html>

Helps families overcome barriers to economic self-sufficiency and general well-being, through various services, including information and referral, case management, family management workshops, job training/placement adult education, parent education, ESL, individual/family counseling, and personal financial management.

CHILDREN’S COLLECTIVE, INC. – WILLOWBROOK.....310-352-4486
Child Development Program
12829 S. Jarvis Street, Los Angeles, CA 90061
<http://www.childrenscollective.org/willowbrook.html>

The Willowbrook location provides general child care programs for children 3-5 years old. The range of child care programs includes full day preschool, part day preschool, infant/toddler care, campus child care, and general child care. All programs utilize age appropriate activities to encourage the cognitive, social, emotional, physical, creative, and language development of each child.

COMPTON WELFARE RIGHTS ORGANIZATION (CWRO).....310-631-5193
528 W. Almond Street, Compton, CA 90220
<http://www.cwroshelter.org>

Compton Welfare Rights Organization, Inc. is a Human and Social Service program with the deliberate mission of addressing the needs of homeless women and women with children by offering free emergency shelter, food, clothes and on-site supportive services.

DEPARTMENT OF CHILDREN AND FAMILY SERVICES213-351-5602
425 Shatto Place, Suite 600, Los Angeles, CA 90020
<http://dcfs.co.la.ca.us/>

Provides a comprehensive child protection system of prevention, preservation, and permanency to ensure that children grow up safe, physically and emotionally healthy, educated and in permanent homes.

DREW FAMILY DEVELOPMENT CORPORATION800-504-3739
1770 E. 118th Street, Los Angeles, CA 90059323-249-2950
<http://www.drewcdc.org>

Provides programs and services that focus on child welfare, early child education, and mental health.

LOS ANGELES COUNTY PUBLIC SOCIAL SERVICES.....213-744-4344
Toy Loan Program
2615 South Grand Avenue, 2nd Floor, Los Angeles, CA 90007
<http://dpss.lacounty.gov/dpss/toyloan/tlcenters.cfm>

Compton Service Areas:

Roy Campanella Park, 14182 Stanford Avenue, Compton, CA 90220310-603-3720
LA Dept of Parks & Rec., 15116 S. Atlantic Blvd, Compton, CA 90221310-603-3727
LA Dept of Parks & Rec., 2291 East 121st Street, Compton, CA 90222310-603-3729

The Toy Loan Program is designed to build character, integrity and a sense of responsibility in children. Toys are loaned freely; neither fees nor membership dues required.

YWCA OF GREATER LOS ANGELES – COMPTON CENTER310-763-9117
1600 E. Compton Blvd., Compton, CA 90221
<http://www.ywcagla.org/>

Provides child and youth development services, educational training program, sexual assault crisis services, women’s empowerment programs, health and fitness activities.

CRIME REPORTING

HOTLINES

Anonymous Crime Reporting 800-78-CRIME (800-782-7463)
Anonymous Tip Line877-LAWFULL (877-529-3855)
Crime Victims Hotline..... 866-689-HELP (4357)
Victims of Crime Resource Center.....800-842-8467

INFOLINES

VINE: VICTIM INFORMATION & NOTIFICATION EVERYDAY.....877-846-3452

VINE is a free, anonymous, telephone service for victims of violent crimes in Los Angeles County. VINE provides information on the custody status of the offender and allows the victim to register to be notified of the release or transfer of the inmate.

LA COUNTY DISTRICT ATTORNEY VICTIM-WITNESS ASSISTANCE PROGRAM213-974-7499
210 W. Temple Street, 18-607, Los Angeles, CA 90012
<http://da.co.la.ca.us/vwap/default.htm>

Compton Branch Office.....310-603-7579
200 W. Compton Blvd., Room 700, Compton, CA 90220

Victims are assisted by victim advocates who guide victims through the court process, help victims receive restitution, provide crisis intervention, and provide referrals to counseling and community services.

DISABLED PERSONS SERVICES

HOTLINES

Crisis Line for the Handicapped800-426-4263

INFOLINES / WEBSITES

DISABILITY BENEFITS 101 (web-site only info)
<http://www.db101.org>

Helps workers, job seekers, and service providers understand the connections between work and benefits. The website explains the variety of work incentive programs and the rules for health coverage, benefit, and employment programs that people with disabilities use.

DISABILITYINFO.GOV (web-site only info)
<http://www.disabilityinfo.gov>

Online resource that provides information on education, employment, housing, transportation, health, benefits, technology, and civil rights.

SUPPORT SERVICES

IN-HOME SUPPORTIVE SERVICES (IHSS)310-349-5600
IHSS Applications888-944-4477
12000 Hawthorne Blvd., "A", Hawthorne, CA 90250
http://www.ladpss.org/dpss/ihss/ihss_title_page.cfm

This is a division of the L A County Department of Public Social Services - Bureau of Health, Nutrition & Specialized Services. It provides in-home supportive services for the disabled and elderly people in Los Angeles County.

WORK-RELATED RESOURCES

CALIFORNIA DEPARTMENT OF REHABILITATION (DOR)310-637-6526
Compton Branch
322 W. Compton Blvd., Suite 101, Compton, CA 90220-3175
<http://www.dor.ca.gov/>

DOR provides Vocational Rehabilitation Services to Californians with disabilities who want to work. Services include employment counseling training and education, mobility and transportation aids, job search and placement assistance.

EMPLOYMENT DEVELOPMENT DEPARTMENT (EDD).....213-833-7900
315 W. 9th Street, Suite 200, Los Angeles, CA 90015
<http://www.edd.ca.gov/eddpwd.asp>

The EDD is committed to enhanced employment opportunities for people with disabilities.
Services include job and training referrals, counseling, and job search assistance and workshops.

DOMESTIC VIOLENCE

HOTLINES

Domestic Violence Hotline	800-978-3600
24-Hour Domestic Violence Response Team	323-226-6806
Emergency Services Hotline	213-626-3393
National Domestic Violence Hotline	800-799-SAFE (7299)
Safe Horizons Domestic Violence Hotline.....	800-621-HOPE (4673)
Victims Information & Notification Hotline	877-846-3452

INFOLINES

VINE: Victim Information & Notification Everyday.....	877-846-3452
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VINE is a free, anonymous, telephone service for victims of violent crimes in Los Angeles County. VINE provides information on the custody status of the offender and allows the victim to register to be notified of the release or transfer of the specific inmate.

SHELTERS

1736 Family Crisis Center.....	213-745-6434
Compton Welfare Rights Organization (CWRW)	310-651-5193
Flood Gates of Faith Shelter	310-637-8271
Peace and Joy Care Center.....	310-898-3115

EAST LOS ANGELES WOMEN'S CENTER	800-585-6231 (Hotline)
1255 S. Atlantic Blvd., Los Angeles, CA 90022	323-526-5819
http://www.elawc.org/	

Domestic violence and sexual assault crisis intervention, prevention, education, and advocacy.

YWCA OF GREATER LA SEXUAL ASSAULT CRISIS PROGRAM	310-763-9995
1600 E. Compton Blvd., Compton, CA 90221	

Domestic violence and sexual assault counseling and services.

ENGLISH AS A SECOND LANGUAGE (ESL)

DOLLARHIDE SENIOR CITIZENS CENTER.....310-605-5688
1108 N. Oleander Avenue, Compton, CA 90220

Provides adult education services, citizenship preparation, ESL courses, GED preparation and GED testing, vocational education courses, and special programs for older adults and adults who have disabilities.

EDWARD G. CHESTER ADULT CENTER.....310-898-6473
1104 E 148th Street, Compton, CA 90220

Provides adult education services, citizenship preparation, ESL courses, GED preparation and GED testing, vocational education courses.

EL CAMINO COLLEGE – COMPTON CENTER.....310-900-1600
1111 E. Artesia Blvd., Compton, CA 90221
<http://www.compton.edu/>

Offers ESL courses that cover the basic English language skills of grammar, reading, writing, listening, and speaking.

FREMONT COMMUNITY ADULT SCHOOL.....323-778-1651
7676 S. San Pedro Street, Los Angeles, CA 90003

Adult education classes include ESL, citizenship/naturalization, vocational training and life skills classes.

JORDAN-LOCKE COMMUNITY ADULT SCHOOL.....323-757-8296
325 E. 111th Street, Los Angeles, CA 90061

Vocational training, life skills classes, GED preparation, citizenship/naturalization, ESL courses.

WILLOWBROOK SENIOR CITIZENS CENTER.....310-898-6494
12915 S. Jarvis avenue, Los Angeles, CA 90061

Provides adult education services, citizenship preparation, ESL courses, GED preparation and GED testing, vocational education courses, and special programs for older adults and adults who have disabilities.

FAMILY PLANNING

HOTLINES

California Office of Family Planning Information & Referral Service	800-942-1054
Pregnancy Hotline.....	800-848-5683
National Abortion Federation Hotline (www.prochoice.org)	800-772-9100
National Life Center (www.nationallifecenter.com)	800-848-5683
Teen Pregnancy Referral Hotline.....	800-522-5006

DOROTHY HECKT CENTER (PLANNED PARENTHOOD)800-576-5544
8520 S. Broadway, Los Angeles, CA 90003
<http://www.plannedparenthood.org/los-angeles>

Offers comprehensive family-planning services including pregnancy tests, birth control, and testing and treatment for sexually-transmitted diseases.

EL NIDO FAMILY CENTERS – COMPTON.....310-223-0707
1218 E. Compton Blvd., Compton, CA 90221
<http://www.elnidofamilycenters.org>

Provides services for pregnant/parenting teens, teen pregnancy prevention and delinquency prevention, child abuse prevention/intervention, parenting education.

HUMPHREY COMPREHENSIVE HEALTH CENTER323-846-4353
Family Planning Clinic
5850 South Main Street, Los Angeles, CA 90003

Pregnancy testing and prenatal referral services, birth control methods and counseling, diagnosis and treatment of STDS, physical/gynecological examinations.

LOS ANGELES PREGNANCY SERVICES213-382-5643
2524 West 7th Street, Los Angeles, CA 90057
<http://www.lapsforlife.org>

Pregnancy counseling and referral services.

FINANCIAL ASSISTANCE PROGRAMS

CALWORKS.....310-603-8411

211 E. Alondra Blvd., Compton, CA 90220

http://dpss.lacounty.gov/new_portal/dpss_cashaid.cfm

The *CaWORKs* program provides temporary financial assistance and employment focused services to families with minor children who have income and property below State maximum limits for their family size.

FOOD PROGRAMS & RESOURCES

DEPARTMENT OF PUBLIC SOCIAL SERVICES.....800-339-6993
2855 E. Olympic Blvd., Los Angeles, CA 90023323-260-3718

<http://www.ladpss.org/>

Food stamps, financial and employment assistance.

EMERGENCY FOOD RESOURCES

LOS ANGELES REGIONAL FOODBANK323-234-3030
1734 E. 41st Street, Los Angeles, CA 90058

<http://www.lafightshunger.org>

Making every effort to get more food out to low-income residents who are facing hunger.

HEALTH CENTERS

HOTLINES

Child Health & Disability Prevention Program (CHDP)	800-993-2437
Healthy Families – Medi-Cal for Children.....	888-747-1222
LA County Health & Nutrition Hotline	877-597-4777

California Managed Risk Medical Insurance Board.....916-324-4695
<http://www.mrmib.ca.gov>

Lists detailed information on a number of different health care programs available to families and people who are uninsured, including Health Families Program, the Access for Infants and Mothers program, and the Major Risk Medical Insurance Program (for Californians unable to obtain individual health insurance coverage because of pre-existing conditions).

PUBLIC-PRIVATE PARTNERSHIP (PPP) & HEALTH CENTER REFERRALS800-257-2342

Refers primary care services to uninsured patients.

COMPTON CENTRAL HEALTH CLINIC.....310-635-7123
201 N. Central Avenue, Compton, CA 90220
<http://www.comptoncentralhealthclinic.org>

Provides outpatient medical services to low income families and individuals living in the city of Compton.

DOLLARHIDE HEALTH CENTER.....310-605-5688
1108 North Oleander Street, Compton, CA 90222
<http://www.ladhs.org/clinics/pppinfo.htm>

The program provides health care services to low income and uninsured residents of Los Angeles County.

ST. FRANCIS MEDICAL CENTER – COMPTON COMMUNITY CLINIC.....800-900-6652
457 S. Long Beach Blvd., Compton, CA 90221
<http://www.stfrancismedicalcenter.org>

Provides economical health care services and emergency and trauma services.

ST. JOHN’S WELL CHILD & FAMILY CENTER.....310-603-1332
2115-A North Wilmington Avenue, Compton, CA 90222
<http://www.wellchild.org/services.html>

Provides medical, dental, and mental health services to uninsured, economically disadvantaged persons in Los Angeles County.

HOUSING

HOTLINES

LA County Housing Authority – Section 8 Rent Subsidy Application800-731-4663
Housing Grants & Loan Programs 323-890-7244 & 7239

FAIR HOUSING FOUNDATION323-295-3302
4401 Crenshaw Blvd., #317, Los Angeles, CA 90043
<http://www.fhfla.com/>

Supports and promote freedom of residence through education, advocacy, and litigation, to ensure that all persons have the opportunity to secure safe and decent housing.

HOUSING RIGHTS CENTER800-477-5977
520 S. Virgil Avenue, Suite 400, LA, CA 90020
<http://www.hrc-la.org/>

Supports and promotes fair housing through education and advocacy to the end that all persons have the opportunity to secure the housing they desire and can afford.

JOB INFORMATION / TRAINING

INFOLINES

Job Corps (ages 16 to 24).....213-741-5376
Job Info County of Los Angeles 24-Hour Hotline213-351-LIST (5478)
<http://www.co.la.ca.us/hr/main.html-ssi>

ADULT SCHOOLS

Adult schools offer job preparation and readiness, computer instruction, literacy and ESL programs. For information:

LA Unified School District..... 213-62-LEARN (625-3276)
LA County Office of Education562-922-6111

BRADLEY/MILKEN YOUTH AND FAMILY CENTER213-473-3607
1773 E. Century Blvd., Los Angeles, CA 90002-3051
<http://www.lacity.org/CDD>

Services include employment services, family support and youth services, family life education.

CALWORKS (DEPARTMENT OF PUBLIC SOCIAL SERVICES)310-603-8411
211 E. Alondra Blvd., Compton, CA 90220
<http://www.ladpss.org/>

Provides job search and job readiness assistance, vocational education and training, education directly related to employment, adult basic education, and post-employment services.

COMPTON CAREER LINK ONE-STOP CENTER310-605-3050
700 N. Bullis Road, Compton, CA 90221
<http://www.comptoncity.org/careerlink/>

Provides information on employment opportunities, career guidance, placement assistance and other services for job seekers.

GAIN (GREATER AVENUES FOR INDEPENDENCE)323-730-6301
3833 S. Vermont Avenue, 3rd Floor, Los Angeles, CA 90037

The GAIN program provides employment-related services to CalWORKs participants to help them find employment, stay employed, and move on to higher paying jobs, which will ultimately lead to self-sufficiency and independence.

LOS ANGELES URBAN LEAGUE.....323-600-1106

Worksource Business and Career Center
12700 S. Avalon Blvd., Los Angeles, CA 90061
<http://www.laul.org>

Employment and vocational training, job placement assistance, basic skills education, adult education and literacy activities.

MAXINE WATERS EMPLOYMENT PREPARATION CENTER.....323-564-1431

10925 S. Central Avenue, Los Angeles, CA 90059

Adult education and job training services, ESL classes, and ROP courses for adolescents.

LEGAL SERVICES

CALIFORNIA WOMEN'S LAW CENTER323-951-1041

6300 Wilshire Blvd., Suite 980, Los Angeles, CA 90048

<http://www.cwlc.org>

Provides programs that enable individuals to use the law that governs their rights and to assist them in addressing the legal issues that perpetuate women's growing poverty.

LAWHELPCALIFORNIA.ORG(website only)

<http://www.lawhelpcalifornia.org>

Helping Californians find legal aid referrals & self-help resources.

LEGAL AID FOUNDATION OF LA800-399-4LAW (4529)

<http://www.lafla.org/>

Provides civil legal services to low income people in Los Angeles.

VICTIM LAW(website only)

<http://www.victimlaw.info/victimlaw/>

Comprehensive and searchable database of crime victims' rights and protection laws.

LITERACY SERVICES

INFOLINES

Literacy Network of Greater Los Angeles 800-707-READ (7323)
<http://www.literacynetwork.org>

LITERACY NETWORK OF GREATER LOS ANGELES213-237-4810
c/o The Los Angeles Times
202 W. 1st Street, Los Angeles, CA 90012
<http://www.literacynetwork.org>

Making literacy resources easily accessible to learners.

LOS ANGELES PUBLIC LIBRARY – ALMA REAVES WOODS BRANCH.....323-789-2850
10205 Compton Avenue, Los Angeles, CA 90002
<http://www.lapl.org>

Adult basic reading and writing, children's literacy.

READING IS FUNDAMENTAL OF SOUTHERN CALIFORNIA.....323-890-0876
Motivational Reading Program – LA Child Guidance Clinic
7250 Bandini Blvd., Suite 208, Los Angeles, CA 90040
<http://www.rifsocal.org>

Family literacy/parent education, children's literacy. Promotes literacy by motivating children to read and inspiring them to become lifelong readers.

MENTAL HEALTH

HOTLINES

24/7 Crisis Counseling (Department of Mental Health).....	800-854-7771
Suicide Prevention Hotline Center (24 Hours)	310-391-1253
LA County ONLY	877-727-4747

COMPTON CHILD AND FAMILY SERVICES CENTER310-223-0334
921 East Compton Blvd., Compton, CA 90221

Provides crisis intervention, case management, outpatient services, and community health promotion.

COMPTON MENTAL HEALTH CENTER310-668-6800
322 West Compton Blvd., Suite 202, Compton, CA 90220

Provides crisis intervention, case management, rehabilitation services, outpatient services, and community health promotion.

DEPARTMENT OF MENTAL HEALTH 213-738-4601 or 213-738-4957
Information and Referral800-854-7771
550 South Vermont Avenue, 12th Floor, Los Angeles, CA 90020
<http://dmh.lacounty.gov/services.asp>

Provides a full range of mental health services, including acute inpatient care, day treatment services, activity centers, outpatient programs, rehabilitation services, prevention and community education efforts, 24-hour psychiatric emergency services.

DREW FAMILY DEVELOPMENT CORPORATION800-504-3739
1770 E. 118th Street, Los Angeles, CA 90059323-249-2950
<http://www.drewcdc.org>

Provides programs and services that focus on child welfare, early child education, and mental health. The mental health program provides a range of comprehensive services for emotionally disturbed children and youth between the ages of 0 and 18.

SCHARP SIDEKICKS213-751-2677
3221 N. Alameda Street, Suite G, Compton, CA 90222

General mental health services, case management, and crisis intervention.

SHIELDS FOR FAMILIES, INC.323-242-5000
12714 South Avalon Blvd., Suite 100, Los Angeles, CA 90061
<http://www.shieldsforfamilies.org/>

Mental health services include: individual, group and family counseling; case management; psychological testing; psychiatric evaluation; medication support; and crisis intervention.

RAPE & DATING VIOLENCE

HOTLINES

Crisis Helpline800-235-1191
Rape & Abuse & Incest National Network..... 800-656-HOPE (4673)
Victim-Witness Assistance818-756-8488

INFOLINES

911RAPE.ORG(website only)
<http://www.911rape.org>

Informational on-line service provided by the UCLA Medical Center Rape Treatment Center. Provides information on what rape is and how to get help.

EAST LOS ANGELES WOMEN'S CENTER..... 800-585-6231 (Hotline)
1255 S. Atlantic Blvd., Los Angeles, CA 90022323-526-5819
<http://www.elawc.org/>

Domestic violence and sexual assault crisis intervention, prevention, education, and advocacy.

VIOLENCE INTERVENTION PROGRAM (VIP)323-226-3961
Forensic Medical Clinic
1240 North Mission Road, Trailer-11, Los Angeles, CA 90033
<http://www.violenceinterventionprogram.org/>

24-hour crisis intervention, medical evaluation and treatment, forensic evaluation and evidence collection, case management and advocacy.

YWCA OF GREATER LA SEXUAL ASSAULT CRISIS PROGRAM.....310-763-9995
1600 E. Compton Blvd., Compton, CA 90221

Domestic violence and sexual assault counseling and services.

SENIOR SERVICES

HOTLINES

Adult Protective Services	213-351-5401
Department of Aging Information and Assistance	800-510-2020
Elder Abuse 24-Hour Hotline	800-992-1660
Elder Abuse Community Education	310-394-9871
Senior Citizens Information and Assistance.....	213-738-4004

MEDICARE

CALMEDICARE.ORG (*free Medicare help*)..... 800-434-0222
<http://www.calmedicare.org>

Provides free information about Medicare eligibility, coverage, benefits, claims and appeals for people who live in California.

HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP) 800-824-0780
520 S. Lafayette Park Place, Suite 214, Los Angeles, CA 90057
<http://www.healthcarerights.org>

HICAP counselors provide assistance with Medicare claims, appeals, denials, or delays of service or treatment.

SOCIAL SECURITY

UNITED STATES GOVERNMENT SOCIAL SECURITY ADMINISTRATION 818-837-9536
456 San Fernando Mission Blvd., San Fernando, CA 91340

SENIOR CENTERS AND SERVICES

DOLLARHIDE SENIOR CITIZENS CENTER..... 310-605-5688
1108 N. Oleander Avenue, Compton, CA 90222

EAST RANCHO DOMINGUEZ SERVICE CENTER..... 310-603-7401
4513 East Compton Blvd., Compton, CA 90221
<http://dcss.co.la.ca.us/srvc/eastranchotxt.htm>

Emergency food and services for older adults. Arts and crafts every Friday.

WILLOWBROOK SENIOR CITIZENS CENTER..... 310-898-6494
12915 S. Jarvis avenue, Los Angeles, CA 90061

WLCAC BRADLEY MULTIPURPOSE SENIOR CITIZEN CENTER323-923-2755
10937 S. Central Avenue, Los Angeles, CA 90059
<http://www.wlcac.org>

Variety of services for adults 60 years and older.

SUPPORT SERVICES

IN-HOME SUPPORTIVE SERVICES (IHSS).....310-349-5600
IHSS Applications888-944-4477
12000 Hawthorne Blvd., "A", Hawthorne, CA 90250
http://www.ladpss.org/dpss/ihss/ihss_title_page.cfm

This is a division of the L A County Department of Public Social Services - Bureau of Health, Nutrition & Specialized Services. It provides in-home supportive services for the disabled and elderly people in Los Angeles County.

TRANSPORTATION

ACCESS SERVICES INC.800-827-0829
Reservations800-883-1295
PO Box 71684, Los Angeles, CA 90071
<http://www.asila.org/>

Transportation for severely disabled persons and senior citizens of Los Angeles County.

CITYRIDE818-808-RIDE (7433)
<http://www.ladottransit.com/other/cityride/>

Transportation subsidy program benefiting seniors 65 years or older and disabled persons of any age.

TRANSPORTATION

INFOLINES

Personalized Bus Routes/Schedules, Rail, Ride-Share Information..... 800-COMMUTE

ACCESS SERVICES INC.800-827-0829
Reservations800-883-1295

PO Box 71684, Los Angeles, CA 90071

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METROPOLITAN TRANSPORTATION AUTHORITY (MTA)213-922-6000

1 Gateway Plaza, Los Angeles, CA 90012

<http://www.mta.net/>

Bus schedules and information.

SOUTHERN CALIFORNIA REGIONAL RAIL AUTHORITY (SCRRA) 800-371-LINK (5465)

<http://www.metroinktrains.com>

Metrolink stations and schedules.