



Community Benefit Report 2010

Bi-Annual Report

January-June

(F=Family Housing; S=Senior/Home for the Aging)

Program Services offered to: **3,615 Units**

Objective #1: Implement activities that promote **positive & healthy life styles.**

Activity #1: Provide health, nutrition, fitness classes for residents					HHF Project Manager
a. Health presentations	On-Site Instructor	Vista Sonoma, Sonoma, CA	(S)	189	Vicki
b. Blood pressure check	CVH Home Health	The Gardens at Ironwood, Pleasanton, CA	(S)	172	Vicki
c. Dental Health Ed.	Children's Dental Clinic of Greater LA	Wilshire Vermont Station, Los Angeles, CA	(F)	449	Maria
d. Nutrition classes	Nutritionist	Agave at El k Grove, Elk Grove, CA	(F)	188	Carl
	Nutritionist	3310 Apartment Homes, Sacramento, CA	(F)	384	Vicki
	Nutritionist	Season's at Laguna Ridge, Sacramento, CA	(S)	222	Carl
c. Health Seminars	Senior Support Program of the Tri Valley	The Gardens at Ironwood, Pleasanton, CA	(S)	172	Vicki
d. Health Checks <i>Blood Pressure, Cholesterol , Glucose</i>	USC Community Health Involvement Project	Terry Manor, Los Angeles, CA	(F)	170	Maria
	USC Community Health Involvement Project	Wilshire Court, Los Angeles, CA	(F)	200	Carl
	USC Community Health Involvement Project	Wilshire Vermont, Los Angeles, CA	(F)		Maria
e. Sit & be Fit	City of Pleasanton	The Gardens at Ironwood, Pleasanton, CA	(S)		Vicki
f. Yoga & Fitness	City of Pleasanton	The Gardens at Ironwood, Pleasanton, CA	(S)		Vicki
	Team Fitness	Bay Street Apartments, Emeryville, CA	(F)	284	Carl

Benefit available to:

2,430 apt units



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(Cont'd)

Objective #1: Implement activities that promote **positive & healthy life styles.**

Activity #2: Provide youth after-school programs						HHF Project Manager
a. Academic	Natomas After School Reading	Atrium Court Sacramento, CA	(F)	224	Vicki	
	Spring Valley Library	Spring Villa Apartments, Spring Valley, CA	(F)	136	Maria	
	SERRF Program	Valley Terrace, Corning, CA	(F)	48	Carl	
b. Academic/Activity	Hands and Feet After School Program	3310 Apartment Homes, Sacramento, CA	(F)	384	Vicki	
	On-site Volunteer	Noble Creek Apartments, Beaumont, CA	(F)	108	Carl	

Benefit available to:

900 apt units

Activity #3: Provide safety classes for residents						HHF Project Manager
a. Continue Safety Instruction Courses	Fire, Police, Red Cr, YMCA	Spring Villa Apartments, Spring Valley, CA	(F)	136	Maria	

Benefit available to:

136 apt units

Activity #4: Provide general enrichment classes for residents						HHF Project Manager
a. Continue General Education Courses <i>Seasonal</i>	Multiple service providers	Bay Street Apartments, Emeryville, CA	(F)	284	Carl	
		Hayward Senior Apartments, Hayward, CA	(S)	151	Maria	
		Spring Villa Apartments, Spring Valley, CA	(F)	136	Maria	
		Vintage at Napa, Napa, CA	(S)	115	Vicki	
b. Reading for Seniors	Beaumont Library	Noble Creek, Beaumont, CA	(F)	108	Carl	

Benefit available to:

794 apt units



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(Cont'd)

Objective #1: Implement activities that promote positive & healthy life styles.

Activity #5: Additional activity programs for the residents					HHF Project Manager
a. Activities	On-site staff/Resident Lead	The Gardens @ Ironwood, Pleasanton, CA	(S)	172	Vicki
<i>Bingo, birthday & holiday celebrations, movie nights, tapestry, potlucks, van service to senior center, mall, & medical appointments</i>					
b. Activities	On-site staff	Vintage at Napa, Napa, CA	(S)	115	Vicki
<i>Bingo</i>					
c. Activities	On-site staff	Vista Sonoma, Sonoma, CA	(S)	189	Vicki
<i>Bingo, BBQ's & group meals, live music, socials, yard sales</i>					
					Clearlake Apartments, Clearlake, CA
					(F) 72

Benefit available to:

548 apt units



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Objective #2: Implement technology/computer training programs to improve **computer literacy**.

Activity #1: Provide computer/technology training for residents					HHF Project Manager
a. Computer classes	Net @ 2 Rivers	3310 Apartment Homes, Sacramento, CA	(F)	384	Vicki
	Net @ 2 Rivers	Season's at Laguna Ridge, Elk Creek, CA	(F)	222	Carl
	Library	Wilshire Court, Los Angeles, CA	(F)	200	Carl
b. Open computer lab	Library	3310 Apartment Homes, Sacramento, CA			Vicki
	Online tutoring	Atrium Court, Sacramento, CA	(F)	224	Vicki
		Bay Street Apartments, Emeryville, CA	(F)	284	Carl
		Season's at Laguna Ridge, Elk Creek, CA	(F)		Carl
		Wilshire Vermont, Los Angeles, CA	(F)	449	Maria

Benefit available to

1,763 apt units



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Objective #3: Provision of language courses to **improve language skills and societal assimilation** among residents.

Activity #1: Work with other agencies to provide language courses to residents					HHF Project Manager
a. ESL classes	Konocti School District	Clearlake Apartments, Clearlake, CA	(F)	72	Carl
	San Mateo School District	Miramar Apartments, Foster City, CA	(F)	159	Vicki
b. Korean English Lang Program	KYCC	Wilshire Court, Los Angeles, CA	(F)	200	Carl
		Wilshire Vermont, Los Angeles, CA	(F)	449	Maria
c. Home Utilities Education	Public Utilities Companies	Noble Creek Apartments, Beaumont, CA	(S)	108	Carl

Benefit available to:

988 apt units

Objective #4: Provision of financial literacy courses to improve **financial competency and management** among residents.

Activity #1: Offer Financial Literacy Curriculum to residents					HHF Project Manager
a. Financial Literacy Course	Golden 1 Credit Union	Atrium Court, Sacramento, CA	(F)	224	Vicki
	Golden 1 Credit Union	Hayward Senior Apartments, Hayward CA	(F)	151	Maria
	Golden 1 Credit Union	Season's at Laguna Ridge, Elk Creek, CA	(F)	222	Carl

Benefit available to:

597 apt units



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Objective #5: Provision of a community resource guide that is specific to the county and needs of low-income residents. This resource provides critical contact information to **access community services** which they otherwise may have been unaware of.

Activity #1: Continue to compile and update community resource guides to all Hearthstone Housing properties

a. Hearthstone Housing Resource Guides

of Apt Units:

• Acton Apartmemts, Berkeley, CA	(F)	71
• ARTech Apartmemts, Berkeley, CA	(F)	21
• Bachenheimer Apartmemts, Berkeley, CA	(F)	44
• Baldwin Hills Apartments, Los Angeles, CA	(F)	59
• Bay Street Apartmemts, Berkeley, CA	(F)	284
• Berkeleyan Apartmemts, Berkeley, CA	(F)	56
• Clearlake Apartments, Clearlake, CA	(F)	72
• Fine Arts Apartmemts, Berkeley, CA	(F)	100
• Gaia Apartmemts, Berkeley, CA	(F)	91
• Hayward Senior Apartments, Hayward, CA	(S)	151
• Noble Creek Apartment, Beaumont, CA	(F)	108
• Plummer Village, North Hills, CA	(S)	75
• Spring Villa Apartment, Spring Valley, CA	(F)	136
• South Bay Villa, Los Angeles, CA	(F)	80
• Terry Manor, Los Angeles, CA	(S)	170
• Touriel Apartmemts, Berkeley, CA	(F)	35
• Valley Terrace, Corning, CA	(F)	48
• Wilshire Court, Los Angeles, CA	(F)	200
• Wilshire Vermont, Los Angeles, CA	(F)	449

Benefit Available to:

2250