



# Community Benefit Report 2011

## Year End Report

### Objective #1: Implement activities that promote positive & healthy life styles.

Activity #1: Provide health, nutrition, fitness classes for residents			Family (F) Senior (S)	# of units in bldg.	HHF Project Manager
<b>a. Health presentations</b>	On-Site Instructor – Tai Chi	Vista Sonoma, Sonoma, CA	(S)	189	Carl
<b>b. Blood pressure check</b>	CVH Home Health	The Gardens at Ironwood, Pleasanton, CA	(S)	172	Maria
<b>c. Nutrition classes</b>	Nutritionist	Season's at Laguna Ridge, Sacramento, CA	(S)	222	Carl
<b>d. Health Seminars</b>	Senior Support Program of the Tri Valley	The Gardens at Ironwood, Pleasanton, CA	(S)		Maria
<b>e. Health Checks</b> <i>Blood Pressure, Cholesterol , Glucose</i>	USC Community Health Involvement Project	Terry Manor, Los Angeles, CA	(F)	170	Ted
	USC Community Health Involvement Project	Wilshire Court, Los Angeles, CA	(F)	200	Carl
	USC Community Health Involvement Project	Bixel House, Los Angeles, CA	(F)	77	Maria
<b>f. Sit &amp; be Fit</b>	City of Pleasanton	Wilshire Vermont, Los Angeles, CA	(F)	449	Maria
		The Gardens at Ironwood, Pleasanton, CA	(S)		Maria
<b>g. Yoga &amp; Fitness</b>	City of Pleasanton	The Gardens at Ironwood, Pleasanton, CA	(S)		Carl
	Team Fitness - Yoga	Bay Street Apartments, Emeryville, CA	(F)	284	Carl
	Team Fitness – Yoga/Zumba	Agave at Elk Grove, Elk Grove, CA	(F)	188	Carl
<b>h. Mobile Dental Clinic</b>	Tooth Travelers	Clearlake, Clearlake, CA	(F)	72	Carl
	Tooth Travelers	Noble Creek, Beaumont, CA	(F)	108	Carl
	Tooth Travelers	Valley Terrace, Corning, CA	(F)	48	Carl
	Tooth Travelers	Oroville Apartments, Oroville, CA	(S)	62	Carl
	Tooth Travelers	Oroville Manor, Oroville, CA	(S)	72	Carl

Benefit available to:

# 2,313 apt units

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## Year End Report

**(Cont'd)**

**Objective #1:** Implement activities that promote positive & healthy life styles.

Activity #2: Provide youth after-school programs			Family (F) Senior (S)	# of units in bldg.	HHF Project Manager
<b>a. Academic</b>	Natomas After School Academy	Atrium Court Sacramento, CA	(F)	224	Carl
	Spring Valley Library	Spring Villa Apartments, Spring Valley, CA	(F)	136	Maria
<b>b. Academic/Activity</b>	Hands and Feet After School Program	3310 Apartment Homes, Sacramento, CA	(F)	384	Carl
	On-site Volunteer	Noble Creek Apartments, Beaumont, CA	(F)	108	Carl
	Kids Connection	Miramar Apartments, Foster City, CA	(F)	159	Carl
Benefit available to:					<b>1,011 apt units</b>
Activity #3: Provide safety classes for residents			Family (F) Senior (S)	# of units in bldg.	HHF Project Manager
<b>a. Safety Instruction Courses</b>	Fire, Police, Red Cr, YMCA	Spring Villa Apartments, Spring Valley, CA	(F)	136	Maria
Benefit available to:					<b>136 apt units</b>
Activity #4: Provide general enrichment classes for residents			Family (F) Senior (S)	# of units in bldg.	HHF Project Manager
<b>a. General Education Courses</b> <i>Seasonal</i>	Multiple service providers	Bay Street Apartments, Emeryville, CA	(F)	284	Carl
		Vintage at Napa, Napa, CA	(S)	115	Carl
<b>b. Reading for Seniors</b>	Beaumont Library	Noble Creek, Beaumont, CA	(F)	108	Carl
Benefit available to:					<b>507 apt units</b>



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## Year End Report

**(Cont'd)**

**Objective #1:** Implement activities that promote positive & healthy life styles.

Activity #5: Additional activity programs for the residents			Family (F) Senior (S)	# of units in bldg.	HHF Project Manager
<b>a. Activities</b>	On-site staff/Resident Lead	The Gardens at Ironwood, Pleasanton, CA	(S)	172	Maria
<i>Bingo, birthday &amp; holiday celebrations, movie nights, tapestry, potlucks, van service to senior center, mall, &amp; medical appointments</i>					
<b>b. Activities</b>	On-site staff	Vintage at Napa, Napa, CA	(S)	115	Carl
<i>Painting, Brain Fitness, Social Activities</i>					
<b>c. Activities</b>	On-site staff	Vista Sonoma, Sonoma, CA	(S)	189	Carl
<i>Weekly Bingo, monthly BBQ's &amp; group meals, live music, socials, weekly movies and popcorn</i>					

Benefit available to:

**476 apt units**

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## Year End Report

### Objective #2: Implement technology/computer training programs to improve computer literacy.

Activity #1: Provide computer/technology training for residents			Family (F) Senior (S)	# of units in bldg.	HHF Project Manager
a. Computer classes	Net @ 2 Rivers	3310 Apartment Homes, Sacramento, CA	(F)	384	Carl
	Net @ 2 Rivers	Season's at Laguna Ridge, Elk Creek, CA	(F)	222	Carl
b. Open computer lab Online tutoring	Library	3310 Apartment Homes, Sacramento, CA	(F)		Carl
		Atrium Court, Sacramento, CA	(F)	224	Carl
		Bay Street Apartments, Emeryville, CA	(F)	284	Carl
		Season's at Laguna Ridge, Elk Creek, CA	(F)		Carl
		Wilshire Vermont, Los Angeles, CA	(F)	449	Maria
		Vista Sonoma, Sonoma, CA	(F)	189	Carl

Benefit available to

**1,752 apt units**

### Objective #3: Provision of language courses to improve language skills and societal assimilation among residents.

Activity #1: Work with other agencies to provide language courses to residents			Family (F) Senior (S)	# of units in bldg.	HHF Project Manager
a. ESL classes	Konocti School District	Clearlake Apartments, Clearlake, CA	(F)	72	Carl
	San Mateo School District	Miramar Apartments, Foster City, CA	(F)	159	Carl
b. Korean English Lang Program	KYCC	Wilshire Court, Los Angeles, CA	(F)	200	Maria
		Wilshire Vermont, Los Angeles, CA	(F)	449	Maria

Benefit available to:

**880 apt units**



# Community Benefit Report 2011

## Year End Report

**Objective #4:** Provision of financial literacy courses to improve financial competency and management among residents.

Activity #1: Offer Financial Literacy Curriculum to residents			Family (F) Senior (S)	# of units in bldg.	HHF Project Manager
<b>a. Financial Literacy Course</b>	Golden 1 Credit Union	Atrium Court, Sacramento, CA	(F)	224	Carl
	Golden 1 Credit Union	Hayward Senior Apartments, Hayward CA	(F)	151	Maria
	Golden 1 Credit Union	Season's at Laguna Ridge, Elk Creek, CA	(F)	222	Carl

Benefit available to:

**597 apt units**

# Community Benefit Report 2011

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**Objective #5:** Provision of a community resource guide that is specific to the county and needs of low-income residents. This resource provides critical contact information to access community services which they otherwise may have been unaware of.

**Activity #1:** Continue to compile and update community resource guides to all Hearthstone Housing properties

**a. Hearthstone Housing Resource Guides**

**# of Apt Units:**

• Acton Apartments, Berkeley, CA	(F)	71
• ARTech Apartments, Berkeley, CA	(F)	21
• Bachenheimer Apartments, Berkeley, CA	(F)	44
• Baldwin Hills Apartments, Los Angeles, CA	(F)	59
• Bay Street Apartments, Berkeley, CA	(F)	284
• Berkeleyan Apartments, Berkeley, CA	(F)	56
• Bixel House Apartments, Los Angeles, CA	(F)	77
• Clearlake Apartments, Clearlake, CA	(F)	72
• Fine Arts Apartments, Berkeley, CA	(F)	100
• Gaia Apartments, Berkeley, CA	(F)	91
• Hayward Senior Apartments, Hayward, CA	(S)	151
• Noble Creek Apartment, Beaumont, CA	(F)	108
• Plummer Village, North Hills, CA	(S)	75
• Spring Villa Apartment, Spring Valley, CA	(F)	136
• South Bay Villa, Los Angeles, CA	(F)	80
• Terry Manor, Los Angeles, CA	(S)	170
• Touriel Apartments, Berkeley, CA	(F)	35
• Valley Terrace, Corning, CA	(F)	48
• Wilshire Court, Los Angeles, CA	(F)	200
• Wilshire Vermont, Los Angeles, CA	(F)	449

Benefit Available to:

**2,327 apt units**